

REFERRALS FOR WOMEN IN CRISIS

REGINA

1

YWCA REGINA

Shelter for women and children
(306) 525-2141
1940 McIntyre St, Regina, SK S4P 2R3

2

SOULS HARBOUR WOMEN'S ADDICTION PROGRAM

1 year residential program for women combatting addictions
306-531-2241

3

YQR WOMEN'S CLINIC

Female health
(306) 522-2229
1711 Badham Blvd, Regina, SK S4P 0L9

4

REGINA FOOD BANK

Food bank
(306) 791-6533 ext. 0
445 Winnipeg St, Regina, SK S4R 8P2

5

REGINA IMMIGRANT WOMEN'S CENTRE

Employment assistance for immigrant women
(306) 359-6514
3806 Albert St Unit 16B, Regina, SK S4S 3R2

6

ADECCO CANADA

Employment assistance
(306) 359-9720
2201 11th Ave #303e, Regina, SK S4P 0J8



WOMEN'S MOSQUE
OF CANADA



FOR MORE INFORMATION AND ASSISTANCE:

CONTACT THE WOMENS MOSQUE OF CANADA AT
INFO@WOMENSMOSQUE.CA